



Bridgewell Health

Bridgewell Health is pleased to offer six affordable Minimum Essential Coverage (MEC) plans that cover all the bases for preventive and wellness services but also go a step further, offering limited outpatient and inpatient medical benefits to give employers

maximum flexibility in addressing costs and plan benefits while still prioritizing employee health. These value-based MEC plans offer an additional layer of tangible medical-related benefits for employees - in categories that they will appreciate!

Affordable, Flexible, and ACA-Compliant

MINIMUM ESSENTIAL COVERAGE & MORE!

Since provisions of the Affordable Care Act (ACA) were implemented in 2016, employers with 50 or more full-time (or equivalent) employees are required to provide at least a Minimum Essential Coverage group health benefit plan to avoid the \$2,000 per employee tax for non-compliance.

To address this need, Bridgewell Health offers six MEC plan designs to meet the minimum essential coverage required services for employers in search of an affordable, ACA-compliant solution. Our MEC plans provide employers with an expanded set of options with regards to ACA-compliance. In addition, if you offer our MEC plans alongside a major medical plan that meets the requirements for Minimum Value, you can also eliminate



the possibility of the \$3,000 tax penalty in the event that an eligible employee purchases insurance through the Marketplace.

Bridgewell Health's MEC Plans are also designed to integrate seamlessly alongside other major medical coverage options.



□ FEATURED PLAN DESIGNS

	<i>SIMPLE</i>	<i>BASIC</i>	<i>EDGE</i>	<i>CARE 1</i>	<i>PLUS</i>	<i>PREMIER</i>
64 Preventive & Wellness Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Telemedicine Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Primary Care Office Visit Copay	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Specialist Office Visit Copay	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Outpatient Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Emergency Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Inpatient Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rx Drug Benefits	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

COVERED SERVICES

Bridgewell Health's MEC Plans meet the criteria for preventive and wellness services as designated by the Centers for Medicare and Medicaid Services (CMS) by offering the following covered benefits:



15 COVERED PREVENTIVE SERVICES FOR ADULTS (AGES 18 AND OLDER)

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|------------------------------|--|
| 1. Abdominal Aortic Aneurysm | 9. Diet Counseling |
| 2. Alcohol Misuse | 10. HIV Screening |
| 3. Aspirin for CVD | 11. Immunizations |
| 4. Blood Pressure | 12. Obesity Screening |
| 5. Cholesterol | 13. Sexually Transmitted Infection (STI) Prevention Counseling |
| 6. Colorectal Cancer | 14. Tobacco Use Screening |
| 7. Depression Screening | 15. Syphilis Screening |
| 8. Type 2 Diabetes Screening | |



26 COVERED SERVICES FOR CHILDREN (UNDER 26 YEARS OLD ON PARENT'S PLAN)

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|---|--|
| 1. Alcohol and Drug Use Assessments | 14. Hematocrit or Hemoglobin Screening |
| 2. Autism Screening | 15. Hemoglobinopathies or Sickle-Cell Screening |
| 3. Behavioral Assessments | 16. HIV Screening |
| 4. Blood Pressure Screening | 17. Immunizations |
| 5. Cervical Dysplasia Screening | 18. Iron supplements |
| 6. Congenital Hypothyroidism Screening | 19. Lead Screening |
| 7. Depression screening | 20. Medical History through Developmental Ages |
| 8. Developmental Screening / Surveillance | 21. Obesity screening and Counseling |
| 9. Dyslipidemia Screening | 22. Oral Health Risk Assessment |
| 10. Fluoride Chemoprevention Supplements | 23. Phenylketonuria (PKU) Screening |
| 11. Gonorrhea Preventative Medication | 24. Sexually Transmitted Infection (STI) prevention counseling |
| 12. Hearing Screening for Newborns | 25. Tuberculin Testing |
| 13. Height, Weight and Body Mass Index Measurements | 26. Vision Screening |



23 COVERED PREVENTIVE SERVICES FOR WOMEN (INCLUDING PREGNANT WOMEN)

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|---|--|
| 1. Anemia Screening | 12. Gestational diabetes screening |
| 2. Bacteriuria urinary tract infection screening | 13. Gonorrhea Screening |
| 3. BRCA Counseling | 14. Hepatitis B Screening |
| 4. Breast Cancer Mammography | 15. Human Immunodeficiency Virus (HIV) Screening |
| 5. Breast Cancer Chemoprevention Counseling | 16. Human Papillomavirus (HPV) DNA Test |
| 6. Breastfeeding Support / Counseling | 17. Osteoporosis Screening |
| 7. Cervical Cancer Screening | 18. Routine prenatal visits |
| 8. Chlamydia Infection Screening | 19. Rh Incompatibility Screening |
| 9. Contraception (FDA Approved) | 20. Tobacco Use Screening |
| 10. Domestic and interpersonal violence screening | 21. Sexually Transmitted Infections (STI) Counseling |
| 11. Folic Acid Supplements | 22. Syphilis Screening |
| | 23. Well-woman visits |

1) Plan participants must see a doctor within the PHCS PPO Network in order to be

IMPORTANT NOTES:

covered for the preventive services listed as part of the covered benefits summary.
 2) All Mammography and Colonoscopy Screening require pre-certification. For pre-certification, members will need to call a Care Coordinator at 1-844-643-5104.

3) All preventive services lab is provided through LabCorp. If there are no LabCorp facilities within 50 miles, members can contact Bridgewell Health at 1-877-939-3434 to discuss other options.